CONTENTS

WELCOME 3

ABOUT CENTRAL SYNAGOGUE 4

SERVICE ONE 7

SERVICE TWO 23

SERVICE THREE 39

MEDITATIONS APPENDIX
WELCOME
to the Morning Minyan at Central Synagogue. We meet every Monday through Friday at 8 am except for Jewish holy days, most federal holidays and the day after Thanksgiving.

A few notes on how this prayer book is organized:

- You will find three complete services in this booklet. The service leader will announce the service we will be following for the day.

- The small designations in color denote who is speaking at any time: Leader, All or individual congregants in turn. Italics indicate that everyone reads together.

- Whenever there is Hebrew text, it is followed immediately by a complete transliteration and a translation. When the translation is in smaller, lighter text, it is not read aloud.

- The final section contains meditations to consider on your own.

Immediately prior to Prayers for Healing and Mourner’s Kaddish, the service leader will pause and indicate whose turn it is to offer names. You may offer a name in English or in Hebrew, or offer a name silently.

If you have any questions about this service, please do not hesitate to speak with the service leader or a fellow congregant. We are proud to welcome visitors from other congregations and traditions and we understand that our worship may be somewhat different from that with which you are familiar.

We invite you to talk to the service leader if you would like to be added to the Morning Minyan e-mail list.
ABOUT CENTRAL SYNAGOGUE

CENTRAL SYNAGOGUE, a Reform congregation committed to applying the values of our heritage to the important issues of the day, traces its roots to 1839. Our sanctuary, the oldest Jewish house of worship in continuous use in the city, is a New York City and national historic landmark.

Shabbat services are held in our sanctuary Friday evenings at 6:00 pm and Saturday mornings at 9:30 am. When announced, there will be a second Saturday morning service at 11:30 am.

The complete schedule of services, a listing of our extensive program of adult learning, community news and a full calendar are available on our website, CentralSynagogue.org.

If you cannot attend services in the main sanctuary in person, you are invited to participate by phone or computer. See the website for details.

For information about membership, call 212.508.3009 or visit www.centralsynagogue.org.

Central Synagogue

Rabbi Peter J. Rubinstein, Senior Rabbi
Cantor Angela W. Buchdahl, Senior Cantor
Cantor Julia R. C. Katz, Assistant Cantor
Rabbi Maurice A. Salth, Associate Rabbi
Rabbi Michael S. Friedman, Associate Rabbi
Rabbi Ari S. Lorge, Assistant Rabbi
SERVICE ONE
SERVICE ONE

Leader

V'atah Yisrael: ma Adonai Elohecha shoeil mei-imach?

AND NOW, O Israel, what is it that the Eternal One, your God, asks of you?

All

"Show reverence for Me, Walk in My ways, love and serve Me with all your heart and soul."

Leader

Now therefore if you will truly keep My covenant, you shall be to Me a consecrated family, a holy people:

All

To open blind eyes, to bring out of prison the captive, and from their dungeons those who sit in darkness.
THE SH’MA AND ITS BLESSINGS

All

ברוך אתה ג‑ה, המבורך!

Bar’chu et Adonai ham’vorach!

Praise the One to whom our praise is due!

ברוך אתה ג‑ה, המבורך!

Baruch Adonai ham’vorach l’olam va-ed!

Praised be the One to whom our praise is due, now and forever!

CREATION

All

ברוך אתה ג‑ה, סלחני מלך העולמים, תזרע את זרמים חשק, תעשיה

Shalom bo-a’rah et ha-kel. Temiyr le-inim aleirim ze’elim be-tomim.

כטבすでに מקהל כל יום תמיר פ尼斯יה ברבנותה. תמיי רב פינסיה

אלהים מקהלת ישראל, פלאיה זכריה ובריה. חכמה, ב-אלהים

על ת’בראה מעשה ידך, על מעונרי אدرك שעשיה י possibilità הפלאה.

ברוך אתה ג‑ה, ונוגר מעונראת.

Baruch atah Adonai, Eloheinu Melech haolam, yotzeir or uvorei choshech, oseh shalom uvorei et hakol. Hamei-ir laaretz v’ladarim aleha b’rachamim, uv’tuvo m’chadeish b’chol yom tamid maasei v’reishit.

Mah rabu maasecha, Adonai, kulam b’chochmah asita, mal’ah haaretz kinyanecha. Titbarach, Adonai Eloheinu, al shevach maaseih yadecha v’al m’orei or sheh-asita, y’faarucha selah. Baruch atah Adonai, yotzeir ham’orot.
Praised are You, Adonai our God, Sovereign of the universe, creator of light and darkness, who makes peace and fashions all things. In mercy, You illumine the world and those who live up on it. In Your goodness You daily renew creation. How numerous are Your works, Adonai! In wisdom, You formed them all, filling the earth with your creatures. Be praised, Adonai our God, for the excellent work of Your hands, and for the lights You created; may they glorify You. Praised are You, Adonai, Creator of all heavenly lights.

You are our God, the Source of life and its blessings. Wherever we turn our gaze, we behold signs of Your goodness and love. The whole universe proclaims your glory. Your loving spirit hovers over all Your works, guiding and sustaining them. The harmony and grandeur of nature speak to us of You; the beauty and truth of Torah reveal your will to us. You are the One and Eternal God of time and space!

Sh’mah Yisrael: Adonai Eloheinu, Adonai Echad!

Hear O Israel, The Eternal One is our God, The Eternal God alone!

ברוך שם קבוד מלכותוкупולו וצד.

Blessed is God’s glorious majesty forever and ever!
V’ahavta et Adonai Elohecha, b’chol l’vav’cha, uv’chol nafsh’cha, uv’chol m’odecha. V’hayu had’varim ha-eileh asher anochi m’tzav’cha hayom al l’vavecha. V’shinantam l’vanecha v’dibarta bam b’shiyt’cha b’veitecha, uv’lechta’cha vaderech uv’shochb’cha uv’kumecha. Uk’shartam l’ot al yadecha v’hayu l’totafot bein einecha. Uch’tavtam al m’zuzot beitecha uvish’arecha.

You shall love the Eternal One, your God, with all your heart, with all your mind, with all your being. Set these words, which I command you this day, upon your heart. Teach them faithfully to your children; speak of them in your home and on your way, when you lie down and when you rise up. Bind them as a sign upon your hand; let them be a symbol before your eyes; inscribe them on the doorposts of your house, and on your gates.

למען תִּצְקְרוּ, וַאֲסֵיסְם אֶת קֹל מִיתְצֵוָתָי וְיִהְיֶם קְדֻשִּים לֶאֱלֹהֵיכֶם. אַנִי אֲדֹנָי אֱלֹהֵיכֶם אֵשֶר הָזֶאת לְעָבְדוֹת אֶחָדָם שָׁבַע אֵתֵימִי, לְיַסֵּם מַעֲלֵים. טָבוּ עַל בלָם לֶאֱלֹהֵיכֶם אֵין גוֹדָה אֱלֹהֵיכֶם.


Be mindful of all My mitzvot, and do them; so shall you consecrate yourselves to your God. I am your Eternal God who led you out of Egypt to be your God; I am your Eternal God.
REDEMPTION

Responsively: Individual congregants in turn, then all (italics)

“I, the Eternal One, have called you to righteousness, and taken you by the hand, and kept you: I have made you a covenant people, a light to the nations.”

_We are Israel, witness to the covenant between God and God’s children._

“This is the covenant I make with Israel: I will place My Torah in your midst, and write it upon your hearts. I will be your God, and you will be my people.”

_We are Israel: our Torah forbids the worship of race or nation, possessions or power._

“You who worship gods that cannot save you, hear the words of the Eternal One: ‘I am God, there is none else!’”

_We are Israel: our prophets proclaimed an exalted vision for the world._

Hate evil, and love what is good: let justice well up as waters and righteousness as a mighty stream.”

_We are Israel, schooled in the suffering of the oppressed._

“You shall not oppress your neighbors nor rob them. You shall not stand idle while your neighbor bleeds.”

_We are Israel, taught to beat swords into plowshares, commanded to pursue peace._

“Violence shall no longer be heard in your land, desolation and destruction within your borders. All your children will be taught of your God, and great shall be the peace of your children.”

_We are Israel, O God, when we are witnesses to Your love and messengers of Your truth._
“You are My witnesses,” says the Eternal One, “and My servant whom I have chosen; know Me, therefore, and put your trust in Me.”

We are Israel, O God, when we proclaim You God our Redeemer, as did our ancestors on the shores of the Sea:

Mi chamocha ba-elim, Adonai! Mi kamocha nedar bakodesh, nora t’hilot, oseh fele!

Who is like You, Eternal One, among the gods that are worshipped? Who is like You, majestic in holiness, awesome in splendor, doing wonders?

Shirah chadashah shib’chu g’ulim l’shimcha al s’fat hayam. Yachad kulam hodu v’himlichu v’amru:

With new song, inspired, at the shore of the Sea, the redeemed sang Your praise. In union they all offered thanks. Acknowledging Your sovereignty, they said:

Adonai yimloch l’olam va-ed.

“Adonai will reign forever!”
Tzur Yisrael, kumah b’ezrat Yisrael uf’deih chinumecha Y’hudah v’Yisrael, go-aleinu Adonai Tz’vaot sh’mo, k’dosh Yisrael. Baruch atah, Adonai, gaal Yisrael.

Rock of Israel, rise in support of Israel and redeem Judah and Israel as You promised. Our redeemer, Adonai Lord of Hosts is Your Name. Blessed are you, Adonai, who redeems Israel.

**T’FILAH**

All

אַדְּנָי שֵׁשֶּׁתְּּיְּבַעָּה יִפְּדֶנָּה וּפִּי נַגִּידֵּהּ.

Adonai, s’fatai tiftach, ufi yagid t’hilatecha.

_Eternal God, open my lips, that my mouth may declare Your Glory._

**GOD OF ALL GENERATIONS**

All

ברוך אתה ה’ שלאלוהים ובאללה אבונים ובאללה אברכים, אלהי שבעられます, אלהי צדק, אלהי צדק, אלהי צדק, אלהי צדק.

אלהי צדק, אלהי צדק, אלהי צדק, האלה caravan, האלה caravan, האלה caravan, האלה caravan, האלה caravan.

האלה caravan נבזים, האלה caravan נבזים, האלה caravan נבזים, האלה caravan נבזים, האלה caravan נבזים.

וכם אלה caravan, אלה caravan, אלה caravan, אלה caravan, אלה caravan.

כון אלוה caravan, אלה caravan, אלה caravan, אלה caravan, אלה caravan.

כי,溢, אלה caravan, אלה caravan.
Baruch atah Adonai Eloheinu v'Elohei avoteinu v'imoteinu, Elohe
Avraham, Elohei Yitzchak v'Elohei Yaakov, Elohei Sarah, Elohei Rivkah,
Elohei Rachel v'Elohei Leah. Ha-El hagadol hagibor v'hanora, El elyon,
gomeil chasadim tovim, v'konei hakol, v'zocheir chasdei avot v'imahot,
umeivi g'ulah liv'nei v'neihem l'maan sh'mo b'ahavah. Melech ozeir
umoshia umagein. Baruch atah, Adonai, magein Avraham v'ezrat Sarah.

Praised be the Eternal One, our God, God of our fathers and our mothers, God
of Abraham, God of Isaac, and God of Jacob, God of Sarah, God of Rebekah, God
of Rachel and God of Leah, great, mighty and exalted. You bestow love and
kindness on all Your children. You remember the devotion of ages past. In Your
love, You bring redemption to their descendants for the sake of your name. You
are our Ruler and Helper, our Savior and Protector. We praise You, Eternal One,
Shield of Abraham, Protector of Sarah.

God's Power

All

Atah gibor l'olam, Adonai, m'chayeih hakol atah, rav l'hoshia. M'chalkeil
chayim b'chesed, m'chayeih hakol b'rachamim rabim, someich noflim,
v'rofei cholim, umatir asurim, um'kayeim emunato lisheinei afar. Mi
chamocha baal g'vurot umi domeh lach, melech meimit um'mchayeih
umatziach y'shua.

V'ne-eman atah l'hachayot hakol. Baruch atah, Adonai, m'chayeih hakol.
Eternal is Your might, O God, and great is Your saving power. In love You sustain the living; in Your great mercy, You sustain us all. You uphold the falling and heal the sick; free the captive and keep faith with Your children in death as is in life. Who is like You, almighty God, Author of life and death, Source of salvation?

We praise you, Eternal One, the Source of life.

**Sanctification**

Leader

כברש אתה שמח בועלק, כשם שמעדיתישמע אתנון בשמך ויהו
כברש על צי בזרא, וארך הוא יא והוא אמך.

N’kadeish et shimcha baolam, k’shem shemakdishim oto bish’mei marom, kakatu al yad n’vi’echa, v’kara zeh el zeh v’amah:

We sanctify Your name on earth, even as all things, to the end of time and space, proclaim Your holiness, and in the words of the prophet we say:

All

כדוש, כדוש, כדוש, כלה כל בוצר עולם

Kadosh, kadosh, kadosh Adonai Tz’vaot, m’lo chol haaretz k’vodo.

Holy, holy, holy is the Eternal One, God of the Hosts of Heaven! The whole earth is ablaze with Your glory!

Leader

לשמם ברוך אמך:

L’umatam baruch yomeiru:

All being recounts Your praise:
All

כֵּרוֹחַ כְּבוֹדִי מַמְכּוֹמוֹ.

Baruch k'vod Adonai mimkomo.

Praised be the Glory of God in heaven and earth.

Leader

ניִכְּבַּרְבֵּי קְדֻשָּׁה קְתֻם לְאָמְרָה:

Uv'divrei kodsh'cha katuv leimor:

And this is Your sacred word:

All

יִמְלָךְ יְהוָה עָלָּם, יְשָׁרֵי ציֹון, יְשָׁרֵי יְרוּשָׁלַיִם.

Yimloch Adonai l'olam, Elohayich Tzion l'dor vador, hal'luyah.

The Eternal One shall reign forever: your God, O Zion, from generation to generation. Halleluyah!

Leader

לִדְוָר וָדָוָר מְגֹדְלֶךָ, מְגֹדְלִיָּה בְּצָלָלָה בְּצָלָלָה, גָּשְׁבוּ, גָּשְׁבוּ, יַעֲדוּ בַּעֲדֵי יְרוּשָׁלַיִם.

L'dor vador nagid godlecha ul'neitzach n'tzachim k'dushat'cha nakdish, v'shivachcha Eloheinu, mipinu lo yamush l'olam va-ed. Baruch atah, Adonai, Ha-El hakadosh.

To all generations we will make known Your greatness, and to all eternity proclaim Your holiness. Your praise, O God, shall never depart from our lips. We praise You, Eternal One, the Holy God.
CONCLUDING BLESSINGS

Eternal Source of knowledge, You have endowed us with reason and understanding. We pray now for the light of Your truth, for insight into Your ways, and for the strength to banish from our hearts every desire and thought of evil.

Forgive our sins, pardon our failings, and help us to remove suffering and sorrow from our midst.

May those who have lost their way come again to know Your love, and turn to You in newness of heart; and let those who love goodness and do justly rejoice in the knowledge of Your favor.

Bless our land with plenty and our nation with peace. May righteousness abide with us, and virtue bring us happiness. We praise You, Eternal God: You hearken to prayer.

Eternal One, Creator of all the world, You have blessed us with noble powers: teach us to make wise use of them. You have called us to be Your partners in the work of creation, and we thank You for the power to choose a life devoted to Your service, dedicated to the well-being of those around us. May all that we do help to make Your majestic presence on earth a reality to all humankind.

May all peoples together find their way to establish peace on earth. Let them cultivate that good will, which alone can bring enduring peace.

Let the nations realize that the triumphs of war turn to ashes, that justice and right are better than conquest and dominion.

May they come to see that it is not by might nor by power, but by Your spirit that life prevails.
MEDITATION

Yihu l’ratzon imrei fi v’hegyon livi l’fanecha, Adonai tzuri v’go-ali.

May the words of my mouth, and the meditations of my heart, be acceptable to You, O God, my Rock and my Redeemer.

PRAYERS FOR HEALING

Leader

We pray now for those among us who are ill, injured and in pain including ... these members of Central Synagogue and our larger community:

Names from leader

We also pray for these family member and friends:

Names from congregation

Adonai, sustain them through these days with the courage to endure weakness and pain. We thank you for the healing powers at work within them. Be with all who suffer illness of body or mind. May they recover speedily from their afflictions and return in health to family and friends.

All

Baruch atah Adonai, rofei ha’cholim.

Blessed are You, Our Lord, who heals the sick.
Let us now praise the Sovereign of the universe, and proclaim the greatness of the Creator who spread out the heavens and established the earth, whose glory is revealed in the heavens above and whose greatness is manifest throughout the world. You are our God, there is none else. Therefore we bow in awe and thanksgiving before the One who is Sovereign over all, the Holy and Blessed One.
You spread out the heavens and established the earth; You are our God; there is none else. In truth You alone are our sovereign God, as it is written: “Know then this day and take it to heart; the Eternal One is God in the heavens above and on the earth below; there is none else.”


And it has been said: “The Eternal God shall rule over all the earth; On that day You shall be One and Your name shall be One.”
MOURNER’S KADDISH

Leader

We recall the loved ones whom death has recently taken from us, and we remember … and these members of our congregation and community:

Names from leader

We pause now and invite you to call out for blessed memory any loved one you are remembering in your Kaddish prayers today:

Names from congregation

The memories of all of them are with us; our griefs and sympathies are mingled. Loving God, we praise your name:

יטבдол ויהיו שלום Ủדא. בשלום דר ברה
כراحةם, זכהלו אלכלה בכימתו ובוימינו ובחיי כל בית
ישראל, בשגרה ובקרב, אמרו אמרו.

יהי שלום רבד קברך עלול ד上げל עלינו.

יתברך ויהיו שלום ותקברך ויתбережו ויתנהל
יתברך שמים קברך ברויה היא עלול מת כרברך וששראמה
תשכבהו יבצקם, זאמרין בשלום, אמרו אמרו.

יהי שלום רבד כי שמי, והיה שלום עלינו והיה כר ברזאל, אמרו
אמרו.

השאם שלום בברךיו, ויהי שלום עלינו ועלו כל ישראל.
אמרו אמרו.

Y’hei sh’mei raba m’varach l’alam ul’almei almaya.

Yitbarach v’yishtabach v’yitpaar v’yitromam v’yitnasei, v’yithadar v’yithaleh v’yit’halal sh’mei d’Kud’sha B’rich Hu, l’eila min kol birchata v’shirata, tushb’chata v’nechemata, daamiran b’alma. V’imru: Amen.


Let the glory of God be extolled, and God’s great name be hallowed in the world whose creation God willed. May God rule in our own day, in our own lives, and in the life of all Israel, and let us say: Amen.

Let’s God’s great name be blessed forever and ever.

Beyond all the praises, songs and adorations that we can utter is the Holy One, the Blessed One, whom yet we glorify, honor and exalt. And let us say: Amen.

For us and for all Israel, may the blessing of peace and the promise of life come true, and let us say: Amen.

May the One who causes peace to reign in the high heavens, let peace descent on us, on all Israel, and let us say: Amen.

Leader

May the Source of peace send peace to all who mourn and comfort to all who are bereaved, and let us say: Amen.
SERVICE TWO
SERVICE TWO

Leader

INFINITE ONE, Your greatness surpasses our understanding, yet at times we feel Your nearness.

The signs of Your presence overwhelm us; flooded by awe and wonder, still we feel within us a kinship with the divine.

And so we turn to You, looking at the world about us, and inward to the world within us, there to find you, and from Your presence gain life and strength.

THE SH’MA AND ITS BLESSINGS

All

כָּרוּ ה’ אֶת-קָמְרוֹת! Bar’chu et Adonai ham’vorach!

Praise the One to whom our praise is due!

כָּרוּ ה’ בֶּן-קָמְרוֹת לְעָלָם וּבָא-ד! Baruch Adonai ham’vorach l’olam va-ed!

Praised be the One to whom our praise is due, now and forever!
Baruch atah Adonai, Eloheinu Melech haolam, yotzeir or uvorei choshech, oseh shalom uvorei et hakol. Hamei-ir laaretz v’ladarim aleha b’rachamim, uv’tuvo m’chadeish b’chol yom tamid maasei v’reishit.
Mah rabu maasecha, Adonai, kulan b’chochmah asita, mal’ah haaretz kinyanecha. Titbarach, Adonai Eloheinu, al shevach maaseih yadecha v’al m’orei or sheh-asita, y’faarucha selah. Baruch atah Adonai, yotzeir ham’orot.

Praised are You, Adonai our God, Sovereign of the universe, creator of light and darkness, who makes peace and fashions all things. In mercy, You illumine the world and those who live up on it. In Your goodness You daily renew creation. How numerous are Your works, Adonai! In wisdom, You formed them all, filling the earth with your creatures. Be praised, Adonai our God, for the excellent work of Your hands, and for the lights You created; may they glorify You. Praised are You, Adonai, Creator of all heavenly lights.

Responsively: Individual congregants in turn, then all (italics)

In the human heart, too, You reign supreme. Above the storms of passion and hate that shake our world, we hear Your voice proclaim the law of justice and love.

*May our eyes be open to Your truth, our spirits alive to Your teaching, our hearts united to serve You.*
May we find the will to consecrate ourselves anew to the task of all the generations: to speed the dawn of a new day when all will be united in friendship and peace, and with one accord acclaim you their Eternal God.

Sh'ma Yisrael: Adonai Eloheinu, Adonai Echad!

Hear O Israel, the Eternal One is our God, the Eternal God alone!

ברוך שם כבוד מלכותו לעולם Vũ

Blessed is God's glorious majesty forever and ever!

Va'shabti et Adonai Elohecha, b'chol l'avv'cha, uv'chol nafsh'cha, uv'chol m'odecha. V'haveyd varim ha-elleh asher anochi m'tzav'cha hayom al l'vavecha. V'shinantam l'vanecha v'dibarta bam b'shiv'tcha b'veitecha, uv'lehta'cha vaderech uv'shochb'cha uv'kumecha. Uk'shartam l'ot al yadecha v'havey l'totafot bein einecha. Uch'tavtam al m'zuzot beitecha uvish'arecha.
You shall love the Eternal One, your God, with all your heart, with all your mind, with all your being. Set these words, which I command you this day, upon your heart. Teach them faithfully to your children; speak of them in your home and on your way, when you lie down and when you rise up. Bind them as a sign upon your hand; let them be a symbol before your eyes; inscribe them on the doorposts of your house, and on your gates.

לֶמֶן חֵוֹרֵי פְּעָמָיָהּ שָׁאֲרֶה שֶׁל פְּעָמָיָהּ הָיִיתָם חֶדֶשׁ
לָא-אֶלְּהֵיכֶם: נֵאְרוּ הָאֶלְּהֵיכֶם אֶשְׁרָה הָוָאָהָי אַחֲרֵם מַאֲרַכָּם מָצֹאִים
לֹא-יִהְיֶה לָבָם אֲשֶר יֵהָה אֶלְּהֵיכֶם:

L’maan tizk’ru, vaasitem et kol mitzvotai vih’yitem k’doshim
l’Eloheichem. Ani Adonai Eloheichem asher hotzeiti et-chem mei-eretz
Mitzrayim, lih’ytot lachem l’Elohim ani Adonai Eloheichem.

Be mindful of all My mitzvot, and do them; so shall you consecrate yourselves to your God. I am your Eternal God who led you out of Egypt to be your God; I am your Eternal God.

**Redemption**

Responsively: Individual congregants in turn, then all *(italics)*

Infinite God, Creator and Redeemer of all being, You are Most High, Most Near. In all generations we have cried out to You; we have put our trust in You, we have borne witness to Your love before the nations! O now let Your light and Your love appear to us and lead us; bring us to Your holy mountain.

*Then, though earth itself should shake, though the mountains fall into the heart of the sea, though its waters thunder and rage, though the winds lift its waves to the very vault of heaven, we shall not despair.*

We shall not lose hope, for You are with us; we shall rejoice in Your deliverance. Then shall we know You, our Redeemer and our God, and in the shadow of Your wings we shall sing with joy:
Mi chamocha ba-eilim, Adonai! Mi kamocha nedar bakodesh, nora t’hilot, oseh fele!

Who is like You, Eternal One, among the gods that are worshipped? Who is like You, majestic in holiness, awesome in splendor, doing wonders?

Leader

Shirah chadashah shib’chu g’ulim l’shimcha al s’fat hayam. Yachad kulam hodu v’himlichu v’amru:

With new song, inspired, at the shore of the Sea, the redeemed sang Your praise. In union they all offered thanks. Acknowledging Your sovereignty, they said:

All

“Adonai will reign forever!”

Tzur Yisrael, kumah b’ezrat Yisrael uf’deih chinumecha Y’hudah v’Yisrael, go-aleinu Adonai Tz’vaot sh’mo, k’dosh Yisrael. Baruch atah, Adonai, gaal Yisrael.

Rock of Israel, rise in support of Israel and redeem Judah and Israel as You promised. Our redeemer, Adonai Lord of Hosts is Your Name. Blessed are you, Adonai, who redeems Israel.
T'filah

Adonai, s'fatai tiftach, ufi yagid t'hilatecha.

Eternal God, open my lips, that my mouth may declare Your Glory.

God of All Generations


Praised be the Eternal One, our God, God of our fathers and our mothers, God of Abraham, God of Isaac, and God of Jacob, God of Sarah, God of Rebekah, God of Rachel and God of Leah, great, mighty and exalted. You bestow love and kindness on all Your children. You remember the devotion of ages past. In Your love, You bring redemption to their descendants for the sake of your name. You are our Ruler and Helper, our Savior and Protector. We praise You, Eternal One, Shield of Abraham, Protector of Sarah.
God’s Power

Atah gibor l’olam, Adonai, m’chayeih hakol atah, ray f’hoshia. M’chakkei chayim b’chesed, m’chayei hakol b’rachamim rabim, someich nofлим, v’rofei cholim, umatir asurim, um’kayeim emunato lisheinei afar. Mi charnocha baal g’vurot umi domeh lach, melekh meimit um’chayeh umatzmiach y’shua.

V’ne-eman atah l’hachayot hakol. Baruch atah, Adonai, m’chayeih hakol.

Eternal is Your might, O God, and great is Your saving power. In love You sustain the living; in Your great mercy, You sustain us all. You uphold the falling and heal the sick; free the captive and keep faith with Your children in death as is in life. Who is like You, almighty God, Author of life and death, Source of salvation?

We praise you, Eternal One, the Source of life.
Sanctification

Leader

N’kadeish et shimcha ba’olam, k’shem shemakdishim oto bish’mei marom, kakatuv al yad n’vi’echa, v’kara zeh el zeh v’amar:

We sanctify Your name on earth, even as all things, to the end of time and space, proclaim Your holiness, and in the words of the prophet we say:

All

Kadosh, kadosh, kadosh Adonai Tz’vaot, m’lo chol haaretz K’vodo.

Holy, holy, holy is the Eternal One, God of the Hosts of Heaven! The whole earth is ablaze with Your glory!

Leader

L’ummatam baruch yomeiru:

All being recounts Your praise:

All

Baruch k’vod Adonai mimkomo.

Praised be the Glory of God in heaven and earth.
Leader

יִבְכֶּרֶךְ קַדְרֵשׁ קַדְרֵשׁ לְאָמוֹר:

Uv’divrei kodsh’cha katuv leimor:

And this is Your sacred word:

All

יִמְלַח טֵי לְעֹלוֹם, אִלּוֹנִים צִיוֹן, לֶדֶר זָר, הַלְלוּיָה.

Yimloch Adonai l’olam, Elohayich Tzion l’dor vador, ha’l’uyah.

The Eternal One shall reign forever: your God, O Zion,
from generation to generation. Halleluyah!

Leader

לֵדֶר זָר נָצַר בֵּית גֶּזְלָה, קִנְיוֹת נְצָרִים קַדְרֵשׁוֹת בְּקָרִישׁוֹת,
ָעָלִים, מָכָה נָא יֲמָשׁ לְעֹלוֹם וַעֲד. בָּרָךְ אַתָּה יִבְרְאָל, בְּאוֹלָל הֵכֹרֶשׁ.

L’dor vador nagid godlecha ul’neitzach n’tzachim k’dushat’cha nakdish,
v’shivchacha Eloheinu, mipinu lo yamush l’olam va-ed. Baruch atah,
Adonai, Ha-El hakadosh.

To all generations we will make known Your greatness, and to all eternity
proclaim Your holiness. Your praise, O God, shall never depart from our lips.
We praise You, Eternal One, the Holy God.
We give thanks for the divine flame that glows within, the gift of reason that enables us to search after knowledge.

Blessed is the Eternal Source of wisdom and knowledge.

May our pride of intellect never be an idol turning us away from feeling wonder and awe. And as we grow in knowledge, may we remain aware that all our learning is but a handful of bright pebbles picked from the wide shore of the unknown.

Blessed is the One to whom all things are known.

May the beauty and mystery of the world move us to reverence and humility. Let the tree of knowledge bear good fruit for us and our children.

Blessed is the one from whom all blessings flow.

And let the consciousness of Your presence be the glory of our lives, making joyous our days and years.

Blessed is the One who hearkens to prayer.

MEDITATION

Yihu l'ratzon imrei fi v'hegyon livi l'fanicha, Adonai tzuri v'go-ali.

May the words of my mouth, and the meditations of my heart, be acceptable to You, O God, my Rock and my Redeemer.
PRAYERS FOR HEALING

Leader

We pray now for those among us who are ill, injured and in pain including ... these members of Central Synagogue and our larger community:

Names from leader

We also pray for these family member and friends:

Names from congregation

Adonai, sustain them through these days with the courage to endure weakness and pain. We thank you for the healing powers at work within them. Be with all who suffer illness of body or mind. May they recover speedily from their afflictions and return in health to family and friends.

All

ברוך אתה ג', רופא כלולמ'.

Baruch atah Adonai, rofei ha'cholim.

Blessed are You, Our Lord, Who heals the sick.

ALEINU

All

עלינו לשבות לאדוננו כלל, להח ברכה לניוצר בראותיך, שלמה עשה
ג défini בקדצאת, ולך שמעו כל קבוצתך חסרי, שלמה שמע תקוננו
AGED, זכרו כל מכם, זכרו פורים משענומם ומידינו,
לכבוד מלך מלכי מלכי,ecake thờ תווה.

Aleinu l’shabei-ach laadon hakol, lateit g’dulah l’yetzeir b’reishit, shelo asanu k’goeyi haaratzet, v’lo samanu k’mishp’chot haadamah. Shelo sam chelkeinu kahem, v’goraleinu k’chol hamonam. Vaanachnu kor’im...
Let us now praise the Sovereign of the universe, and proclaim the greatness of the Creator who spread out the heavens and established the earth, whose glory is revealed in the heavens above and whose greatness is manifest throughout the world. You are our God, there is none else. Therefore we bow in awe and thanksgiving before the One who is Sovereign over all, the Holy and Blessed One.

Shehu noteh shamayim v’yoseid aretz, umoshav y’karo bashamayim mimaal, ush’chinat uzo b’govhei m’romim. Hu Eloheinu ein od, emet Malkeinu efes zulato. Kakatuv b’Torato, v’yadata hayom v’hasheivota el l’vavecha, ki Adonai hu HaElohim bashamayim mimaal, v’al haaretz mitachat, ein od.

You spread out the heavens and established the earth; You are our God; there is none else. In truth You alone are our sovereign God, as it is written: “Know then this day and take it to heart; the Eternal One is God in the heavens above and on the earth below; there is none else.”


And it has been said: “The Eternal God shall rule over all the earth; On that day You shall be One and Your name shall be One.”
MOURNER'S KADDISH

Leader

We recall the loved ones whom death has recently taken from us, and we remember … and these members of our congregation and community:

Names from leader

We pause now and invite you to call out for blessed memory any loved one you are remembering in your Kaddish prayers today.

Names from congregation

The memories of all of them are with us; our griefs and sympathies are mingled. Loving God, we praise your name:

והא שמי רבא במבר לאיצים וצללים שלמה חלפיה

יתמכלל שם רבא בקריה ולבנה ותחנה ותחכל

יתמכלל שם רבא בקריה והלבנה והתחנה והתחכלה

מעבדה ומעמאת, אמרא רבא, השלמה, אמרו אמא.

והא שלמה רבא מרשמה, והמשים שלמה על כל ישראל, אמרו אמא.

ועשה שלמה במרוקטיה, והא יעשיה שלמה עלי לכול ישראל, אמרו אמא.

Y’hei sh’mei raba m’varach l’alam ul’almei almaya.

Yitbarach v’yishtabach v’yitpaar v’yitromam v’yitnasei, v’yithadar v’yithaleh v’yit’halal sh’mei d’Kud’sha B’rich Hu, l’eila min kol birchata v’shirata, tushb’chata v’nechemata, daamiran b’alma. V’im’ru: Amen.


Let the glory of God be extolled, and God’s great name be hallowed in the world whose creation God willed. May God rule in our own day, in our own lives, and in the life of all Israel, and let us say: Amen.

Let’s God’s great name be blessed forever and ever.

Beyond all the praises, songs and adorations that we can utter is the Holy One, the Blessed One, whom yet we glorify, honor and exalt. And let us say: Amen.

For us and for all Israel, may the blessing of peace and the promise of life come true, and let us say: Amen.

May the One who causes peace to reign in the high heavens, let peace descent on us, on all Israel, and let us say: Amen.

Leader

May the Source of peace send peace to all who mourn and comfort to all who are bereaved, and let us say: Amen.
SERVICE THREE
SERVICE THREE
Responsively: Individual congregants in turn, then all (italics)

AS I AWAKEN, let this be my thought: may my day be filled with acts of loving kindness. Let me be drawn to learning and discernment, and may my actions be shaped by mitzvot.

*Keep me from iniquity, disgrace and sin; may I not be overwhelmed by temptation or despair.*

Distance me from evil people and false friends. Let me cultivate a life of goodness.

*May my hands reach out in kindness, and I will serve God through acts of righteousness.*

Today and every day, may I merit your mercy, by living my life with compassion and love.

*Holy One of Blessing, draw me to Your words; teach me the art of sacred living.*

All

ברוך אתה בְּעֵמֶיךָ נְפָדֵי צָדָקָה נְפָדֵי צָדָקָה לֵעָם יִשְׂרָאֵל.

Baruch atah, Adonai, ham’lameid chasadim tovim l’amo Yisrael.

Blessed are you, O Lord, teacher of good deeds to our people Israel.
THE SH’MA AND ITS BLESSINGS

Baruch atah Adonai, Eloheinu melech h’olam, oseh ma’asei b’reishit.

We praise you, God of time and space, source of creation and its wonders,
You give light to the world and all the living.

Baruch atah Adonai, Eloheinu melech h’olam, shekocho ug’vurato malei olam.

We praise you, God of time and space, whose power and might pervade the world. How manifold are Your works, Eternal One; in wisdom You have made them all.
Baruch atah Adonai, Eloheinu melech h'olam, zocheir hab'rit v'ne'emoter biv'rito v'kayam b'ma'amaro.

We praise you, God of time and space. True to Your word, You remember Your covenant with creation. In Your goodness You renew the work of creation continually, day by day.

Baruch atah Adonai, Eloheinu melech h'olam, she'natan meichach'mato l'vasar vadam.

We praise You, God of time and space, for You share Your wisdom with flesh and blood. Be gracious now to us, and teach us. Guide us with compassion; show us how to know and understand, to learn and teach: to uphold Your Torah with love, and with love to hear Your words.

Baruch atah Adonai, Eloheinu melech h'olam, asher kid'shanu b'mitzvatov v'tzivano la'asok b'divrei torah.

We praise You, God of time and space: You hallow us with the Mitzvah of Torah and invite us to immerse ourselves in its words. Open our eyes with Your Teaching; consecrate our hearts to Your Mitzvot; and let the love and awe of Your name make us whole.
Baruch atah Adonai, ham'lameid torah l'amo Yisrael.

*We praise You, God of time and space, Teacher of Torah to our people Israel.*

Baruch atah Adonai, habocheir b'amo Yisrael b'ahavah.

*We praise you, Eternal One: In Love you have called Your people Israel to serve You.*

Sh'ma Yisrael: Adonai Eloheinu, Adonai Echad!

Hear O Israel, The Eternal One is our God, The Eternal God alone!

Ba-ruch shem k'vod malchuto l'olam va-ed!

Blessed is God’s glorious majesty forever and ever!
You shall love the Eternal One, your God, with all your heart, with all your mind, with all your being. Set these words, which I command you this day, upon your heart. Teach them faithfully to your children; speak of them in your home and on your way, when you lie down and when you rise up. Bind them as a sign upon your hand; let them be a symbol before your eyes; inscribe them on the doorposts of your house, and on your gates.


Be mindful of all My mitzvot, and do them; so shall you consecrate yourselves to your God. I am your Eternal God who led you out of Egypt to be your God; I am your Eternal God.

**REDEMPTION**

*Responsively: Individual congregants in turn, then all (italics)*

Eternal truth it is that You alone are God, and there is none else.

*May all the world rejoice in Your love and exult in Your justice.*

Let them beat their swords into plowshares; Let them beat their spears into pruning-hooks.

*Let nation not lift up sword against nation; let them study war no more.*
You shall not hate another in your heart;

You shall love your neighbor as yourself.

Let the stranger in your midst be to you as the native;

For you were strangers in the land of Egypt.

From the house of bondage we went forth to freedom,

And we sing in praise of Your name:

All

Mi chamocha ba-eilim, Adonai! Mi kamocha nedar bakodesh, nora t'hilot, oseh fele!

Who is like You, Eternal One, among the gods that are worshipped? Who is like You, majestic in holiness, awesome in splendor, doing wonders?

Leader

Shirah chadashah shib'chu g'ulim l' shimcha al s'fat hayam. Yachad kulam hodu v'himlichu v'amru:

With new song, inspired, at the shore of the Sea, the redeemed sang Your praise. In union they all offered thanks. Acknowledging Your sovereignty, they said:
匿 כפולה לעולמו矮

Adonai yimloch l’olam va-ed.

“Adonai will reign forever!”

תזר יִשְׂרָאֵל, כֹּהֵן בְּשָׁוְרָת יִשְׂרָאֵל, וְדֶשֶּׁה כְּנַאֲפֵה יְהוֹדָה יִשְׂרָאֵל.
עֵדְלָנוּ בָּנֵא אָוֹת שָׁמוֹ, חוֹדוֹשׁ יִשְׂרָאֵל. בֵּרוּךְ אָתָה, אַדְוָני יִשְׂרָאֵל.

Tzur Yisrael, kumah b’ezrat Yisrael uf’deih chinumecha Y’hudah v’Yisrael, go-aleinu Adonai Tz’vaot sh’mo, k’dosh Yisrael. Baruch atah, Adonai, gaal Yisrael.

Rock of Israel, rise in support of Israel and redeem Judah and Israel as You promised. Our redeemer, Adonai Lord of Hosts is Your Name. Blessed are you, Adonai, who redeems Israel.
T’FILAH

Adonai, sfatai tiftach, ufi yagid t’hilatecha.

Eternal God, open my lips, that my mouth may declare Your Glory.

GOD OF ALL GENERATIONS


Praised be the Eternal One, our God, God of our fathers and our mothers, God of Abraham, God of Isaac, and God of Jacob, God of Sarah, God of Rebekah, God of Rachel and God of Leah, great, mighty and exalted. You bestow love and kindness on all Your children. You remember the devotion of ages past. In Your love, You bring redemption to their descendants for the sake of your name. You are our Ruler and Helper, our Savior and Protector. We praise You, Eternal One, Shield of Abraham, Protector of Sarah.
God’s Power

Atah gibor l’olam, Adonai, m’chayeih hakol atah, rav l’hoshia. M’chalkeil chayim b’chesed, m’chayeih hakol b’rachamim rabim, someich nofлим, v’rofei cholim, umatir asurim, um’kayem emunato lishnei afar. Mi chamocha baal g’vurot umi domeh lach, melech meimit um’chayeh umatzmiach y’shua.

V’ne-eman atah l’hachayot hakol. Baruch atah, Adonai, m’chayeih hakol.

Eternal is Your might, O God, and great is Your saving power. In love You sustain the living; in Your great mercy, You sustain us all. You uphold the falling and heal the sick; free the captive and keep faith with Your children in death as is in life. Who is like You, almighty God, Author of life and death, Source of salvation?

We praise you, Eternal One, the Source of life.
Sanctification

Leader

N’kadeish et shimcha ba’olam, k’shem shemakdishim oto bish’mei marom, kakatuv al yad n’vi’echa, v’kara zeh el zeh v’amar:

We sanctify Your name on earth, even as all things, to the end of time and space, proclaim Your holiness, and in the words of the prophet we say:

All

Kadosh, kadosh, kadosh Adonai Tz’vaot, m’lo chol haaretz k’vodo.

Holy, holy, holy is the Eternal One, God of the Hosts of Heaven! The whole earth is ablaze with Your glory!

Leader

L’umatam baruch yomeiru:

All being recounts Your praise:

All

Baruch k’vod Adonai mimkomo.

Praised be the Glory of God in heaven and earth.
Leader

בֶּבְּרָאָרָה קֹדֶשׁךָ גֶּחָם לַאֵטֶם:  
Uv'divrei kodsh'cha katuv leimor:

And this is Your sacred word:

All

יִשְׂרָאֵלִים בֶּלַעְלֹם, אֱלֹהֵיךָ צִיוֹן, לֶחֶרֶד חֵר, מַלְאוֹתָה.

Yimloch Adonai l'olam, Elohayich Tzion l'dor vador, ha'l'uyah.

The Eternal One shall reign forever: your God, O Zion, 
from generation to generation. Halleluyah!

Leader

לֶחֶרֶד חֵר בֶּלַעְלֹם, אֱלֹהֵיךָ צִיוֹן, לֶחֶרֶד חֵרָם נַעֲשֵׂה, נַעֲשֵׂה, 
אֱלֹהֵיךָ, בֶּלַעְלֹם לֶחֶרֶד חֵרָם בֶּלַעְלֹם בֶּלַעְלֹם.

L’dor vador nagid godlecha ul’neitzach n’tzachim k’dushat’cha nakdish, 
v’shivchacha Eloheinu, mipinu lo yamush l’olam va-ed. Baruch atah, 
Adonai, Ha-El hakadosh.

To all generations we will make known Your greatness, and to all eternity 
proclaim Your holiness. Your praise, O God, shall never depart from our lips. 
We praise You, Eternal One, the Holy God.

CONCLUDING BLESSINGS

Responsively: Individual congregants in turn, then all (italics)

Give us insight to understand Your ways, and consecrate our 
hearts to revere You.

For our sins forgive us; from pain and sorrow deliver us.

Bestow upon us your Earth’s abundance, and gather our exiles 
from earth’s four corners.
To those who stray bring correction; upon the lawless place Your hand.

Let the righteous rejoice in the building of Your city and the flowering of Your redemption.

Before we call comes your reply. We praise you, Eternal One: You hearken to prayer.

Let Your spirit rule this nation and its citizens, that their deeds may be prompted by a love of justice and right, and bear fruit in goodness and peace.

Bless our people with a love of righteousness.

Teach us to work for the welfare of all, to diminish the evils that beset us, and to enlarge our nation’s virtues.

Bless our people with civic courage.

Bless our striving to make real the dream of Your sovereign rule, when we shall have put an end to the suffering we now inflict on one another.

Bless our people with a vision of that rule on earth.

For You have endowed us with noble powers; help us to use them wisely, and with compassion.

Bless our people with a wise and feeling heart.

You have given us freedom to choose between good and evil, life and death. May we choose life and good, that our children may inherit from us the blessings of dignity and freedom, prosperity and peace.
MEDITATION

Yihu l’ratzon imrei fi v’hegyon livi l’fanecha, Adonai tzuri v’go-ali.

May the words of my mouth, and the meditations of my heart, be acceptable to You, O God, my Rock and my Redeemer.

PRAYERS FOR HEALING

Leader

We pray now for those among us who are ill, injured and in pain including ... these members of Central Synagogue and our larger community:

Names from Leader

We also pray for these family member and friends:

Names from Congregation

Adonai, sustain them through these days with the courage to endure weakness and pain. We thank you for the healing powers at work within them. Be with all who suffer illness of body or mind. May they recover speedily from their afflictions and return in health to family and friends.

All

Baruch atah Adonai, rofei ha’cholim.

Blessed are You, Our Lord, Who heals the sick.
Aleinu

Aleinu l’shabei-ach laadon hakol, lateit g’dulah l’yotzeir b’reishit, shelo asanu k’goyei haaratzot, v’lo samanu k’mishp’chot haadamah. Shelo sam chelkeinu kahem, v’goraleinu k’chol hamonam. Vaanachnu kor'im umishtachavim umodim, lifnei melech mal’chei hamlachim haKadosh Baruch Hu.

Shehu noteh shamayim v’yoseid aretz, umoshav y’karo bashamayim mimaal, ush’chinat uzo b’govhei m’romim. Hu Eloheinu ein od, emet Malkeinu efes zulato. Kakatuv b’Torato, v’yadata hayom v’hasheivota el l’vavecha, ki Adonai hu HaElohim bashamayim mimaal, v’al haaretz mitachat, ein od.

You spread out the heavens and established the earth; You are our God; there is none else. In truth You alone are our sovereign God, as it is written: “Know then this day and take it to heart; the Eternal One is God in the heavens above and on the earth below; there is none else.”

And it has been said: “The Eternal God shall rule over all the earth; On that day You shall be One and Your name shall be One.”
MOURNER'S KADDISH

Leader

We recall the loved ones whom death has recently taken from us, and we remember ... and these members of our congregation and community:

Names from leader

We pause now and invite you to call out for blessed memory any loved one you are remembering in your Kaddish prayers today:

Names from congregation

The memories of all of them are with us; our griefs and sympathies are mingled. Loving God, we praise your name:

וַיִּמַּחֶלֶל יְהֹוָה שֵׁם רֶםֶךָ. בּוֹשֵׁלֶם דָּי בַּרְאָה
crushed, יְהֹוָה מָלָכָה בִּסְעֵיכוֹן וּכְרוֹמָכּוֹן וּבְמִיָּךְ נָכָל בֵּית
בּוֹשֵׁלֶם, בִּשְׁכָּנָא וּבְמִיָּךְ קָרִיב, וְאוֹמָרָא שֶׁפֶּרֶץ.

כְּהֵנָא שֵׁם רֶםֶךָ קַבִּיבָה לִישֵׁלְמֵי עִלְּמֵי בַּלּוֹם.

וַיִּמַּחֶלֶל שֵׁם בַּרְאָה וְלָכֵּה, כְּרֻכֵּה מִהְחַלְלָה וְלָכֵּה וְלָכֵּה וְלָכֵּה וְלָכֵּה
בִּשְׁכָּנָא שֵׁם לָכֵּה וּלָכֵּה, לִישֵׁלְמֵי מִדַּל בְּרִכָּא לָכֵּה וְלָכֵּה.
בְּשֵׁם רֶםֶךָ מִדַּל בְּרִכָּא, וְאֵמְרָא בַּלּוֹם.

כְּהֵנָא שֵׁם רֶםֶךָ מִדַּל בְּרִכָּא, וּמִיְּמֵי שָׁלֵגֵי וֹזֵלֵלָה לִישֵׁלְמֵי עִלְּמֵי בַּלּוֹם.

אֵמְרָה.

לִישֵׁלְמֵי שלום בּוֹרֶא פָּדָה, הוֹא יְשַׁשֵּׁלָה שלום דַּלֵּגֵי וֹזֵלֵלָה לִישֵׁלְמֵי עִלְּמֵי בַּלּוֹם.

אֵמְרָה. amen.

Y’hei sh’mei raba m’varach l’alam ul’almei almaya.

Yitbarach v’yishtabach v’yitpar v’yitromam v’yitnasei, v’yithadar v’yithaleh v’yit’halal sh’mei d’Kud’sha B’rich Hu, l’eila min kol birchata v’shirata, tushb’chata v’nechemata, daamiran b’alma. V’im’ru: Amen.


Let the glory of God be extolled, and God’s great name be hallowed in the world whose creation God willed. May God rule in our own day, in our own lives, and in the life of all Israel, and let us say: Amen.

Let’s God’s great name be blessed forever and ever.

Beyond all the praises, songs and adorations that we can utter is the Holy One, the Blessed One, whom yet we glorify, honor and exalt. And let us say: Amen.

For us and for all Israel, may the blessing of peace and the promise of life come true, and let us say: Amen.

May the One who causes peace to reign in the high heavens, let peace descent on us, on all Israel, and let us say: Amen.

Leader

May the Source of peace send peace to all who mourn and comfort to all who are bereaved, and let us say: Amen.
This service is based on "Gates of Prayer for Weekdays," Chaim Stern, Editor, published by the Central Conference of American Rabbis in 1993.


This booklet has been produced in honor of Samuel Perelson, whose tireless devotion sustained the Morning Minyan at Central Synagogue for over twenty-five years.

This booklet was edited by Morning Minyan service leaders Harold Levine, Wallace Nathan and Joe Sofer, with the assistance of the regular members of the Morning Minyan.

Rabbis Peter Rubinstein and Michael Friedman, along with other clergy and staff at Central Synagogue, offered invaluable support, guidance and encouragement for this project.

Dedicated to Florence Parad Levine z”l
May her memory be for a blessing.

Revised September, 2013
YIZKOR SERVICE

Our memories now turn to those we have lost. Some of us bring to mind those we lost recently, some of us remember those lost long ago. But their memories make us who we are today, and they live on in our hearts, our minds and our deeds.

Responsive Reading

IN THE RISING OF THE SUN, and in its going down,
We remember them.
In the blowing of the wind and in the chill of winter,
We remember them.
In the opening of buds and in the rebirth of spring,
We remember them.
In the blueness of the sky and in the warmth of summer,
We remember them.
In the rustling of the leaves and in the beauty of autumn,
We remember them.
In the beginning of the year and when it ends,
We remember them.
When we are weary and in need of strength,
We remember them.
When we are lost and sick at heart,
We remember them.
When we have joys we yearn to share,
We remember them.
So long as they live, we, too shall live, for they are now a part of us.

Roland P. Gitelsohn

PERSONAL RECOLLECTIONS
SILENT YIZKOR

For a woman or girl

Yizkor Elohim nishmat (imi/ishti/biti/achoti/dodati/z’kenti) (or name) morati shehalacham l’olamah. Ana t’hi nafshah tz’rora bitzror hachayim ut’hi m’nuchata havo sova s’matchot et panecha n’imot biminchta netzach. Amen.

May God remember forever the soul of my (mother/wife/ daughter/sister/aunt/grandmother) (or name) who has gone to her eternal rest. May she be at one with the One who is life eternal. May the beauty of her life shine forvermore, and may my life always bring honor to her memory.

For a man or boy

Yizkor Elohim nishmat (awi/ishi/biti/achli/dadi/z’keini) (or name) mori sh’halach l’olamo. Ana t’hi nafshi tz’rora bitzror hachayim ut’hi m’nuchato havo sova s’matchot et panecha n’imot biminchta netzach. Amen.

May God remember forever the soul of my (father/husband/ son/brother) (or name) who has gone to his eternal rest. May he be at one with the One who is life eternal. May the beauty of his life shine forvermore, and may my life always bring honor to his memory.

O God, full of compassion, Eternal spirit of the universe, grant perfect rest under the wings of Your presence, to our loved ones who have entered eternity. Source of compassion, help them find refuge forever in the shadow of your wings, and let their souls be bound up in the bond of eternal life. The Eternal One is their inheritance. May they rest in peace, and let us say: Amen.
Aleinu

Let us now praise the Sovereign of the universe, and proclaim the greatness of the Creator who spread out the heavens and established the earth, whose glory is revealed in the heavens above and whose greatness is manifest throughout the world. You are our God, there is none else. Therefore we bow in awe and thanksgiving before the One who is Sovereign over all, the Holy and the Blessed One.

Shehu noteh shamayim v’yoseid aretz, umoshav y’karov bashamayim mimaal, ush’chinat uzo b’goyvei m’romim. Hu Eloheinu ein od, emet Malkenu efes zulato. Kakatu b’Torato, v’yadato hayom v’hasheivota el l’vavecha, ki Adonal hu Ha Elohim bashamayim mimaal, v’al haaretz mitachat, ein od.

You spread out the heavens and established the earth; You are our God; there is none else. In truth You alone are our sovereign God, as it is written: “Know then this day and take it to heart, the Eternal One is God in the heavens above and on the earth below; there is none else.”

And it has been said: “The Eternal God shall rule over all the earth; On that day You shall be One and Your name shall be One.”
MOURNER'S KADDISH

Leader

We recall the loved ones whom death has recently taken from us, and we remember ... and these members of our congregation and community:

Names from leader

We pause now and invite you to call out for blessed memory any loved one you are remembering in your Kaddish prayers today.

Names from congregation

The memories of all of them are with us; our griefs and sympathies are mingled. Loving God, we praise your name:

יהוה שמך ראה מרובה עלולו ועלה עלמה.

ויתבללו שמך וደשך אנכי היא, עלולה כל כל ברכה ושכינהו.

אמרים נ稃 sucker, לכירון ועלה עלמה.

ואמרו שסאמר ושם, ויהיו מקינו ועלו על כל ישראל, אמנים.

ועשה שלום בכרמים, ויהיו🐱 שלום כל ישראל.

ואמרו שסאמר.

Y’hei sh’mei raba m’varach l’alam ul’almei almaya.

Yitbarach v’yishtabach v’yitpaar v’yitromam v’yitnasel, v’yithadar v’yithaleh v’yit’halal sh’mei d’Kud’sha B’rich Hu, l’ella min kol birchata v’shirata, tushb’chata v’nechemata, daamiran b’alma. V’im’ru: Amen.


Let the glory of God be exalted, and God’s great name be hallowed in the world whose creation God willed. May God rule in our own day, in our own lives, and in the life of all Israel, and let us say: Amen.

Let’s God’s great name be blessed forever and ever.

Beyond all the praises, songs and adorations that we can utter is the Holy One, the Blessed One, whom yet we glorify, honor and exalt. And let us say: Amen.

For us and for all Israel, may the blessing of peace and the promise of life come true, and let us say: Amen.

May the One who causes peace to reign in the high heavens, let peace descend on us, on all Israel, and let us say: Amen.

Leader

May the Source of peace send peace to all who mourn and comfort to all who are bereaved, and let us say: Amen.
MEDITATIONS
A Psalm of David.
Adonai is my shepherd, I lack nothing.
God makes me lie down in green pastures;
God leads me to water in places of repose;
God renews my life;
God guides me in right paths
as befits God’s name.
Though I walk through the valley of deepest darkness,
I fear no harm, for You are with me;
Your rod and your staff – they comfort me.
You spread a table for me in full view of my enemies;
You anoint my head with oil;
my drink is abundant.
Only goodness and steadfast love shall pursue me
all the days of my life,
and I shall dwell in the House of Adonai
for many long years.

Psalm 23
I turn my eyes to the mountains; from where will my help come?
My help comes from Adonai, maker of heaven and earth.
God will not let your foot give way; your guardian will not slumber;
See the guardian of Israel neither slumbers nor sleeps!
Adonai is your guardian, Adonai is your protection at your right hand.
By day the sun will not strike you, nor the moon by night.
Adonai will guard you from all harm; God will guard your life.
Adonai will guard your going and coming now and forever.

Psalm 121
When I die give what’s left of me away
to children and old men that wait to die.
And if you need to cry,
cry for your brother walking the street beside you.
And when you need me, put your arms around anyone
and give them what you need to give me.

I want to leave you something,
something better than words or sounds.
Look for me in the people I’ve known or loved,
and if you cannot give me away,
at least let me live in your eyes and not in your mind.

You can love me best by letting hands touch hands,
and by letting go of children that need to be free.
Love doesn’t die, people do.
So, when all that’s left of me is love,
give me away.

Merrit Malloy

... יש פְּכִיבָא

There are stars up above,
so far away we only see their light
long, long after the star itself is gone.
And so it is with people that we loved –
their memories keep shining ever brightly
though their time with us in done.
But the stars that light up the darkest night,
these are the stars that guide us.
As we live our lives, these are the ways we remember.

Hannah Senesh
IN THE RISING OF THE SUN, and in its going down,  
we remember them.  
In the blowing of the wind and in the chill of winter,  
we remember them.  
In the opening of buds and in the rebirth of spring,  
we remember them.  
In the blueness of the sky and in the warmth of summer,  
we remember them.  
In the rustling of the leaves and in the beauty of autumn,  
we remember them.  
In the beginning of the year and when it ends,  
we remember them.  
When we are weary and in need of strength,  
we remember them.  
When we are lost and sick at heart,  
we remember them.  
When we have joys we yearn to share,  
we remember them.  
So long as they live, we, too shall live, for they are now a part  
of us.

Roland P. Gitelsohn, adapted  
from Mishkan T'filah

In nature’s ebb and flow, Your eternal law abides. As You are  
our support in the struggles of life, so, also, are You our hope  
in death. In Your care, O God, are the souls of all the living  
and the spirits of all flesh. Your power gives us strength; Your  
love comforts us. Of Life of our life, Soul of our soul, cause  
your light to shine into our hearts. Fill us with trust in You,  
and turn us again to the tasks of life. And may the memory of  
our loved ones inspire us to continue their work for the coming  
of Your sovereign rule.

Chaim Stern
The light of life is a finite flame.
Like the Shabbat candles,
life is kindled, it burns, it glows,
it is radiant with warmth and beauty.
For soon it fades, its substance is consumed,
and it is no more.

In light we see;
in light we are seen.
the flames dance
and our life burns down and gutters.
There is an end to the flames.
We see no more
and are no more seen,
yet we do not despair,
for we are more than a memory
slowly fading into the darkness.
With our lives we give life.
Something of us can never die:
we move in the eternal cycle
of darkness and death,
of light and life.

Chaim Stern

No man is an island, entire of itself; every man is a piece of the continent, a part of the main. If a clod be washed away by the sea, Europe is the less, as well as if a promontory were, as well as if a manor of thy friend's or of thine own were. Any man's death diminishes me because I am involved in mankind; and therefore never send to know for whom the bell tolls; it tolls for thee.

John Donne
My Hereafter

Do not come when I am dead
To sit beside a low green mound,
Or bring the first gay daffodils
Because I love you so,
For I shall not be there.

I will look up at you from the eyes
Of little children;
I will bend to meet you in the swaying boughs
Of bud-thrilled trees,
And caress you with the passionate sweep
Of storm-filled winds;
I will give you strength in your upward tread
Of everlasting hills;
I will cool your tired body in the flow
Of the limpid river;
I will warm your work-glorified hands through the glow
Of the winter fire;
I will soothe you into forgetfulness to the drop, drop
Of the rain on the roof;
I will speak to you out of the rhymes
Of the Masters;
I will dance with you in the lilt
Of the violin,
And make your heart leap with the bursting cadence
Of the organ;
I will flood your soul with the flaming radiance
Of the sunrise,
And bring you peace in the tender rose and gold
Of the after-sunset.

All these have made me happy:
They are part of me;
I shall become a part of them.

Juanita de Long
OUT OF THE ROLLING OCEAN, the crowd, came a drop gentle to me,
Whispering, I love you, before long I die,
I have travel’d a long way merely to look on you, to touch you,
For I could not die till I once look’d on you,
For I fear’d I might afterward lose you.

(Now we have met, we have look’d, we are safe,
Return in peace to the ocean my love — we are not so much separated,
Behold the great rondure, the cohesion of all, how perfect!
But as for me, for you, the irresistible sea is to separate us,
As for an hour carrying us diverse — yet cannot carry us diverse for ever;
Be not impatient — a little space — know you I salute the air,
the ocean and the land,
Every day at sundown for your dear sake, my love.)

Walt Whitman
Rosh Chodesh

Eloheinu v’Elohei avoteinu v’imoteinu, yaaleh v’yavo v’yizacheir zichroneinu v’zichron kol amcha beit Yisrael l’fanecha, l’tovah, l’chein ul’chesed u’l’rachamim, l’chayim ul’shalom, b’Yom Rosh HaChodesh hazeh.

Our God, God of our fathers and mothers, on this first day of the new month of _________ be mindful of us and all Your people Israel, for good, for love, for compassion, life and peace.

Ufakreinu vo liv’racha. Amen.

Remember us for well-being, Adonai our God. Amen.
Visit us with blessing. Amen.
Help us to a fuller life. Amen.
Numbers 28: 11-15

On your new moons you shall present a burnt offering to the LORD: two bulls of the herd, one ram, and seven yearling lambs, without blemish. As meal offering for each bull: three-tenths of a measure of choice flour with oil mixed in. As meal offering for each ram: two-tenths of a measure of choice flour with oil mixed in. As meal offering for each lamb: a tenth of a measure of fine flour with oil mixed in. Such shall be the burnt offering of pleasing odor, an offering by fire to the LORD. Their libations shall be: half a hin of wine for a bull, a third of a hin for a ram, and a quarter of a hin for a lamb. That shall be the monthly burnt offering for each new moon of the year. And there shall be one goat as a sin offering to the LORD, to be offered in addition to the regular burnt offering and its libation.

JPS Translation