



# *B'NEI MITZVAH* HANDBOOK

...the child stands between the generations inheriting  
from one and transmitting to the other...

Please read through this handbook and use it as a tool to familiarize yourself with the *bar/bat mitzvah* experience that is in your near future. The information contained herein is current for 2015-2016, is reviewed annually and is subject to change.

Dear Friends,

Welcome to the middle of the journey. Why the middle? Because no one moves from being a child to an adult overnight. The Bar or Bat Mitzvah can only happen after many years of experiencing Jewish learning and living Jewishly.

Many cultures have found a way to acknowledge the physical, emotional, intellectual and spiritual changes in the lives of teens. Some communities celebrate this moment by having their children demonstrate physical prowess, while others challenge their teens to wildlife survival. The Bar/Bat Mitzvah calls upon our young adults to read and teach from the Torah. This taps into your physical, emotional, intellectual and spiritual selves in the most meaningful of ways as we recognize your entrance into adulthood.

Jewish culture is the collective wisdom of our civilization that is passed, *l'dor v'dor*, from generation to generation, through literature, symbols and customs. We call this total conversation “the Study of Torah”. Becoming Bar/Bat Mitzvah is a bold step in joining the 3,000 year conversation about living Jewishly. Through performing mitzvot, learning about the rituals and symbols of our tradition, and reading from the Torah, you join with others in the task of repairing the world, bringing healing where there is hurt, and hope where there is despair.

Just as we continue our secular education well past our teen years, we do the same with our Jewish learning. It would not be fair to expect adults to function with a 13 year old’s knowledge of Judaism; the richest issues and questions require an adult level of maturity and thoughtfulness. Becoming Bar/Bat Mitzvah opens the door to participating in modern day discussions of ancient conversations.

As you embrace the Torah on the day of your Bar/Bat Mitzvah service, you will be our scholar and teacher. We want to assure you that we will be with you as you embark on your learning journey, and will be with you every step of the way to ensure that you are prepared, comfortable, and feeling joyous on the bima. The cantors, rabbis, tutors, and lay leaders are **with** you in your learning and preparation, and we look forward to learning **from** you as well. In the following pages you will see how Central Synagogue joins with you in celebrating the middle of the Jewish journey. We will work closely with you to answer any questions you have and we look forward to meeting with you personally.

Looking forward to a joyous experience with you and your family,

Cantor Mo Glazman and Cantor Julia Cadrain

# TABLE OF CONTENTS

|   |              |
|---|--------------|
| <b>Letter from the Cantors</b>  | <b>2</b>     |
| <b>Introduction for Parents</b>   | <b>4</b>     |
| <b>Ritual Information</b>   | <b>5-6</b>   |
| <ul style="list-style-type: none"><li>• Student's Role in the <i>Shabbat</i> Service</li><li>• Honors: <i>Shabbat</i> Eve</li><li>• Honors: <i>Shabbat</i> Morning</li><li>• Honors for Non-Jewish Family Members</li></ul>   |              |
| <b>Requirements for Becoming <i>Bar/Bat Mitzvah</i> at Central Synagogue</b>  | <b>7</b>     |
| <b>About the <i>B'nei Mitzvah</i> Program</b>   | <b>8-10</b>  |
| <ul style="list-style-type: none"><li>• Setting the Date</li><li>• Learning the Blessings</li><li>• <i>Masa Mitzvah</i> 6<sup>th</sup> Grade Family Retreat</li><li>• Social Justice Project</li><li>• Special <i>Bar/Bat Mitzvah</i> Preparation</li><li>• Additional Tutoring</li><li>• Ushering at Another Family's Celebration</li></ul>  |              |
| <b>Logistical Matters</b>   | <b>11-13</b> |
| <ul style="list-style-type: none"><li>• <i>Kippot</i> and <i>Tallitot</i></li><li>• <i>Hiddur Mitzvah</i></li><li>• Decorum at Services</li><li>• Cell Phones</li><li>• Rules Governing the Use of Photographic and Video Equipment</li><li>• Videotaping</li><li>• Invitations</li><li>• <i>Kiddush</i></li><li>• Booking an Event</li></ul> |              |
| <b>Celebrate through <i>Tzedakah</i></b>  | <b>14</b>    |
| <b>Glossary</b>   | <b>15-16</b> |
| <b>Contact Sheet</b>  | <b>17</b>    |

# INTRODUCTION FOR PARENTS

Sons and daughters are given to us so that we may care for them and help them grow. Care and sustenance are necessary not just for the physical but also for hope and faith. In this sense, parents are partners with God in creating life as well as giving meaning and value to it. Jewish education is the means by which the spirit of the individual is helped to grow and mature. To stop growing is to stop living. This is the purpose of Jewish education; children join as partners with parents in passing down our Jewish heritage.

*Bar/Bat mitzvah*, meaning “son/daughter of the Commandments,” cannot claim ancient origins. There is not a hint of it in the *Torah*, but the Talmud says that 13 is the age “for the fulfillment of the Commandments.” Children were denied the privilege of observing the commandments until they were 13, so these became the central features of the *bar/bat mitzvah* observance.

The actual ceremony of becoming a *bar/bat mitzvah* is included in the ritual of regular community *Shabbat* services. The student shows that he/she is prepared to take on responsibilities in Jewish life when he/she reads from *Torah* and leads the congregation in worship, thus demonstrating what he/she has learned and his/her familiarity with our tradition. However, becoming a *bar/bat mitzvah* bestows no magical and instant transformation. At age 13 our children are still children, and will remain so for years to come. A *bar/bat mitzvah* celebrates the process of becoming a Jewish adult committed to observing *mitzvot*. It takes guidance from parents and many years of learning to accomplish this goal. But it is a goal within the reach of our children and one worth striving for.

In earlier times, the celebration of this occasion took place in the student’s home where a modest meal was served after the service in the synagogue. With the passage of time, the festive family meal grew into a party and sometimes banquets held in public halls. We encourage dignified celebrations, so that festivities will not dwarf the religious significance.

The Lese Center for Living Judaism (LCLJ), Rabbis, Cantors and tutors appointed by the Cantor provide the preparation but the parents’ help is essential. Parents should motivate their children properly for study, encourage excellence in their activities, attend worship services with their child and arrange the celebration itself in accordance with the religious spirit of the occasion. While a student is studying for this important religious life cycle event, parents should take to heart their own obligations as Jews. Likewise, parents should never give students an indication that *bar/bat mitzvah* is the end of their religious education. It is properly only the beginning.

“At every stage in life, in personality and character development, at which a person is beginning to search for his or her own unique, personal, individual identity, Judaism had the genius to distinguish that person by name, call that person by name out of the congregation. We call the person by their Hebrew name as well, linking Jewish identity with personal identity and with a sense of wider purpose: with a community beyond the individual self. We link this sacred Jewish observance with family, with life, with expressions of congratulations and appreciation for the child, and provide the person with a sense of self worth.

Let us show by the way we celebrate *bar/bat mitzvah*, by the dignity, the beauty, and the warmth of the observance, as we practice it, that we, too, are continuing in the way of the beat of our ancestors going back to Abraham and Sarah. Ours is the task of restoring and maintaining the true luster to this jewel of ours in the treasure of Judaism.”

-Rabbi Herbert Bronstein, *Bar Mitzvah and Idolatry*

# RITUAL INFORMATION

## STUDENT'S ROLE IN THE *SHABBAT* SERVICE

At the service when a child becomes *bar* or *bat mitzvah*, he or she will do the following:

- Chant from the *Torah* and the corresponding *Haftarah* in Hebrew
- Chant the associated blessings for the *Torah* and *Haftarah* in Hebrew
- Deliver a brief *d'var Torah* (teaching) about the *Torah* portion
- Assist in leading the *Torah* service

## HONORS: *SHABBATEVE*

### **Candle Lighting**

It is customary at Central Synagogue for two representatives of the *bar/bat mitzvah's* family to kindle the *Shabbat* lights on Friday evening. If the *bar/bat mitzvah* has a younger sibling, he/she may accompany the adult to the *Bimah* for this honor. The honoree will light the candles as the Cantor leads the congregation in the Hebrew blessing.

## HONORS: *SHABBAT* MORNING

### ***Hakafah***

When the *Torah* Scroll is removed from the Ark, the *bar/bat mitzvah's* immediate family – parents and siblings – will join the *bar/bat mitzvah* and the clergy in the procession around the sanctuary. Following the procession, siblings will retake their seats, and grandparents and great grandparents will join the parents and the *bar/bat mitzvah* for the *Torah* Passing Ceremony.

### ***Torah* Passing Ceremony**

Family members and the *bar/bat mitzvah* will participate in the “chain of tradition,” where the Rabbi symbolically passes the *Torah* down from one generation to the next by holding the *Sefer Torah* (*Torah* Scroll) in front of each member of the family as they stand on the *Bimah*. Grandparents, great grandparents, parents, and the *bar/bat mitzvah* will form a line along which the *Torah* Scroll is ‘passed’ from generation to generation. Parents have the opportunity at this time to share a private statement of one or two sentences with their child before handing down the *Torah*. Once the *bar/bat mitzvah* has received the *Torah* Scroll, it will be brought to the lectern to be prepared for reading.

## *Aliyot*

There are three *Torah* honors called *Aliyot*. Family participates in the first two *Aliyot*, and the *bar/bat mitzvah* receives the third. Each *Aliyah* involves honorees chanting the blessings before and after the *Torah* reading. Family members who feel uncomfortable reciting or chanting Hebrew will be encouraged to read their blessings in English. Transliteration is available as an aid for people who know the blessings but are unsure of the Hebrew letters. Non-Jewish family members may also participate by reading the English translation. At least one person, but no more than four people per *aliyah*, can participate in the blessings before and after the reading of the *Torah*. At least two should be able to recite the blessings in Hebrew. *Aliyot* may go to anyone over the age of thirteen the *bar/bat mitzvah* family seeks to honor. Honorees often include, but are not limited to: grandparents, parents, older siblings, aunts, uncles, and cousins.

## **HONORS FOR NON-JEWISH FAMILY MEMBERS**

We encourage family members to participate in *Shabbat* services as an important way for the student becoming a *bar/bat mitzvah* to honor those whose love has brought him/her to this milestone. We recognize that some of these family members may not be Jewish, and that their support has been no less instrumental in guiding the *bar/bat mitzvah* toward this day. Therefore, we seek to include non-Jewish parents and relatives in the celebration in equally meaningful ways, and we will be guided by each family's sense of what is authentic and appropriate. The only honor we reserve specifically for Jewish family members is the ritual Hebrew recitation of the blessing over the *Torah* reading and the lighting of the *Shabbat* candles. The translation of these blessings may be offered by non-Jewish family members.

## REQUIREMENTS FOR BECOMING *BAR/BAT MITZVAH* AT CENTRAL SYNAGOGUE

- *Bar/Bat mitzvah* is only open to members of Central Synagogue.
- It is understood that all students who are becoming *b'nei mitzvah* at Central Synagogue are raised solely in the Jewish tradition.
- From the beginning of your affiliation with Central Synagogue and our religious school (the LCLJ), and from the first meeting at which *b'nei mitzvah* dates were handed out, we have indicated the policy of our congregation – that any student who wishes to become *bar/bat mitzvah* takes it upon him/herself with the full support of his/her family to attend religious school regularly through the entire year in which they become *bar/bat mitzvah*.
- If this is impossible due to extenuating circumstances, parents must meet with the Director of the LCLJ to work out an alternative means of Jewish education for their child. If a student does not attend the LCLJ and no alternative education has been arranged, his/her *bar/bat mitzvah* date will be released. We take the commitment to Jewish education **very seriously** at Central Synagogue.
- Students are required to have at least **four years** of participation in the LCLJ beginning by the third grade, and continuing through the school year of their *bar/bat mitzvah*. Students must fulfill all religious school requirements, including regular attendance, participation, and completion of work. Students who join the LCLJ later than the third grade may require additional tutoring in Hebrew beyond that offered by the LCLJ.

For more information on the Lese Center for Living Judaism (LCLJ), please visit our website at [www.centralsynagogue.org/learning/lese-center-living-judaism](http://www.centralsynagogue.org/learning/lese-center-living-judaism)

- Students are expected to attend services regularly – at least five times per year during 4<sup>th</sup>, 5<sup>th</sup> and 6<sup>th</sup> grade, and at least seven times per year during the 7<sup>th</sup> grade year. Worship is part of Jewish life and it is especially important that students and their families become accustomed to the flow of *Shabbat* service so that it is comfortable for them when they help lead it.
- Prior to the beginning of their *b'nei mitzvah* tutoring, students must demonstrate mastery of the blessings before and after the reading of the *Torah* and *Haftarah* to the cantor. Students will be learning the blessings in the LCLJ with the assistance of CDs or MP3 downloads given out in the fourth grade. (To listen to and/or download the blessings from our website, go to: [www.centralsynagogue.org/worship/shabbat\\_services/shabbat\\_torah\\_blessings](http://www.centralsynagogue.org/worship/shabbat_services/shabbat_torah_blessings).)

# ABOUT THE B'NEI MITZVAH PROGRAM

## SETTING THE DATE

Children become *b'nei mitzvah* as part of our congregational *Shabbat* services on Saturday mornings. Usually, two children become *bar* or *bat mitzvah* at the same *Shabbat* service. When there are more than two children becoming *bar* or *bat mitzvah* on a Saturday, we will have two consecutive identical services; one at 9:30 a.m., and one at 11:30 a.m., with two children becoming *bar* or *bat mitzvah* at the early service, and one or two children becoming *bar* or *bat mitzvah* at the later service. Each child has identical responsibilities for preparation and equivalent roles during the service.

Three calendar years prior to the *b'nei mitzvah* year you will receive an email from the B'nei Mitzvah Coordinator in the Cantors' office requesting you fill out an attached form stating your family's wish that your child become a *bar/bat mitzvah* at Central Synagogue. Parents will be notified in advance of the deadline for submitting this form.

After the Cantors' office has received all the forms, dates will be assigned guided by each student's birthday. We will do our best to avoid dates that parents indicate will not work for their family. Every endeavor is made to avoid assigning the same date to students attending the same secular school. Roughly two months later, usually in November of fourth grade, a program will take place at which assigned dates will be handed out in person to each family by the Central Synagogue clergy. At least one parent and the student should attend.

Families of students who join the school after fourth grade should request assignment of a date from the Cantors' office.

## 6<sup>th</sup> GRADE MASA MITZVAH RETREAT

The LCLJ schedules and conducts a *Shabbat* family retreat the winter prior to the *b'nei mitzvah* year. At the retreat, families and clergy come together to study and celebrate *Shabbat* and to discuss the values of the *bar/bat mitzvah* experience.

## SOCIAL JUSTICE PROJECT

All *b'nei mitzvah* students are expected to choose a Social Justice Project that will be **on-going** throughout their 6<sup>th</sup> grade year. The project should be **meaningful** both for the student and to those he/she will be affecting. Details will be given out in the fall of the 6<sup>th</sup> grade year, and projects are expected to be completed in May of the 6<sup>th</sup> grade year. For more information, please contact the LCLJ.

## ***BAR/BAT MITZVAH SERVICE PREPARATION***

Approximately six to twelve months prior to the *bar/bat mitzvah* date, parents and children becoming *b'nei mitzvah* in the same six month period will attend a seminar with the Cantors to review the details of *b'nei mitzvah* tutoring.

The B'nei Mitzvah Coordinator will schedule all tutoring in preparation for becoming *bar/bat mitzvah*. These sessions take place after secular school once a week for a half hour on Mondays, Tuesdays, Wednesdays and Thursdays.

Weekly meetings with a Central Synagogue tutor and periodic consultations with the Cantor will guide each student along the path to mastering the chanting of the *Torah* and *Haftarah* portions. Approximately five to sixth months prior to the student becoming a *bar/bat mitzvah*, the B'nei Mitzvah Coordinator will contact you to schedule regular weekly 30-minute tutoring sessions with one of our *b'nei mitzvah* tutors. Additional meetings will also be arranged between the student and the assigned Cantor: the first, to which the family is encouraged to attend, shortly after the start of the tutoring process.

Four to six weeks prior to becoming a *bar* or *bat mitzvah*, the student will begin private meetings with one of the Rabbis. With the Rabbi's guidance, he/she will practice reading from the *Torah* scroll, study his/her *Torah* portion and develop a *d'var Torah* (brief sermon). The *d'var Torah* is an exposition of the *Torah* portion as it applies to the life of the student and as the student would choose to teach it to the congregation. Thus, it is not an opportunity for personal 'thank you's.

There will then be two rehearsals in the main sanctuary. These appointments are scheduled by the B'nei Mitzvah Coordinator. Parents must attend the final rehearsal, which generally occurs the week immediately prior to a child's becoming *bar* or *bat mitzvah*. The names of those participating on Friday evening and in the *Aliyot* on Saturday should be sent to the B'nei Mitzvah Coordinator by the day of the first sanctuary rehearsal.

## **ADDITIONAL TUTORING**

When a child requires tutoring **as a supplement to the LCLJ**, generally for additional Hebrew tutoring, the education office will recommend a tutor. The tutor will regularly report to the education office and the LCLJ educators on the progress of the student. If a family employs a tutor who has not been recommended by the school, we ask that you please have the tutor coordinate with the education office on matters of curriculum and ongoing assessment. Our goal is to provide an educational program in which students only require outside tutoring under unusual circumstances (such as an extended absence from school), and for the duration of the tutoring to be short-term.

When a child requires tutoring **as a supplement to *b'nei mitzvah* preparation**, the B'nei Mitzvah Coordinator will provide you with a list of approved private tutors. We ask that you let the Cantors' office know the name of (and contact information for) your child's tutor, so that the Cantors can periodically assess the progress of your child. In these cases, fees for (and location of) extra-curricular tutoring will be negotiated directly between the family and the tutor. Central Synagogue does not provide a space for private tutoring.

## **USHERING AT ANOTHER FAMILY'S CELEBRATION**

It is Central Synagogue's tradition that families help each other by ushering at a *Shabbat* service before their own. By doing so we share the delight in the Sabbath and help one another celebrate the occasion. We greet and welcome members of the congregation and visitors who have come to worship. Your date for ushering will be assigned by the Shamashim Coordinator. The Shamashim are Central Synagogue's group of congregants trained in welcoming guests. Please note that ushering begins one half hour before services, and lasts through the conclusion of the service.

# LOGISTICAL MATTERS

## ***KIPPOT AND TALLITOT***

The congregation provides *kippot* and *tallitot* for those who choose to wear them. We do not allow families to distribute individualized *kippot* at services.

## ***HIDDUR MITZVAH***

Our tradition teaches that one should try to wear fine clothes on the *Shabbat*, for it is written (Isaiah 58:13) “and you shall honor,” which is interpreted by the Rabbis to mean that the garments worn on the *Shabbat* shall not be the same as those worn on weekdays.

We recognize that standards for dress have become somewhat less formal than in previous generations. Still, it is our expectation that worshippers of all ages will come to services dressed in a manner reflecting “*hiddur mitzvah*.” Specifically, jeans, sweatshirts, t-shirts, baseball caps, bare shoulders, short skirts, and similar clothing are not appropriate.

## **PROPER DECORUM AT SERVICES**

Sadly, we sometimes have problems with decorum, especially among our younger guests and school friends, though at times among adult guests as well. In order to maintain the dignity and sacredness of the service, we hope that you will explain to your guests the importance of quiet during services. Ushers are instructed to ask guests who do not maintain proper decorum to leave the sanctuary. If disruptive behavior continues, the service will be halted.

## **CELL PHONES**

All cell phones are to be turned off while in the sanctuary; especially during services.

## **RULES GOVERNING THE USE OF PHOTOGRAPHIC AND VIDEO EQUIPMENT**

Photographs may NOT be taken in the sanctuary on *Shabbat*. When a child is becoming *bar/bat mitzvah*, family photographs may be taken either before or after your last rehearsal or at another scheduled time when the sanctuary is available. Lights and flash may be used at that time. Pulpit furniture may NOT be moved for the purpose of photographs. Photo shoots CANNOT be booked until all rabbi appointments, including sanctuary rehearsals, are scheduled and confirmed. When appointments are confirmed, you will receive an email from the B'nei Mitzvah Coordinator directing you to a photo shoot form to fill out. Once you complete the form you will be contacted within 48 hours to confirm the photo shoot time. Photographs may be taken at the *kiddush* reception after services. Photographers must cooperate with the clergy, our security guards, and the Events Department regarding all matters.

## **VIDEO RECORDING**

As a special service to our congregants, Central Synagogue offers a professional quality video-recording of your *simcha* via a YouTube link and QuickTime File download. The YouTube link and a link to download the QuickTime File (via Dropbox) are sent via email from the AV Manager 2-3 weeks after the *bar/bat mitzvah* has occurred. Congregants have 30 days to download the QuickTime File. The YouTube link will be hosted by Central Synagogue in perpetuity. DVDs can be made upon request, with a \$25 donation to Central Synagogue per copy. DVD requests can be made to the AV Manager in response to the email with the YouTube link and Quicktime File.

## **INVITATIONS**

Your invitations should invite your guests to be at the Saturday Morning *Shabbat* services in the sanctuary promptly at the stated starting time of either 9:30AM or 11:30AM. Friday evening *Shabbat* services in the sanctuary start promptly at 6:00PM. If you will be hosting a luncheon or *kiddush* in the Pavilion, Community House, or elsewhere immediately following services, this should be included on your invitation. **There will be no announcements made from the *Bimah* concerning family celebrations.**

The **Pavilion** address is: 652 Lexington Avenue, NYC 10022 – *at the bottom of the ramp on 55<sup>th</sup> & Lexington*  
The **Community House** address is: 123 East 55<sup>th</sup> Street, NYC 10022

## ***KIDDUSH***

Central Synagogue presents a congregational *Kiddush* following each service on Saturday morning. You and your guests are welcome participants. The Saturday congregational *kiddush* consists of wine and *challah*.

## **BOOKING AN EVENT**

### **B'nei Mitzvah Shared Kiddush Policy**

Central Synagogue offers room rentals for your *kiddush*, luncheon, or evening event. We also offer room rentals for other lifecycle events, meetings and parties. We look forward to helping you celebrate your upcoming *simcha*.

The clergy encourage members of our congregation to share their *kiddush* following *bar/bat mitzvah* services.

Central Synagogue now offers all families the opportunity to hold a 1-hour *kiddush* in the Pavilion immediately following your child's *bar/bat mitzvah* service. In order to accommodate up to four families per Saturday, we are offering a Shared Kiddush Program which will allow both families in the first service to share the *kiddush* with each other, and the families in the second service to do the same. It is a meaningful way to provide a celebration for your family's milestone event and acknowledge that your family is part of the larger Central Synagogue community.

To request a room rental for your *kiddush*, please go to the following link:

[www.centralsynagogue.org/community/room\\_rentals](http://www.centralsynagogue.org/community/room_rentals)

to complete the Bar/Bat Mitzvah Shared Kiddush Form, no sooner than 12 months before your *bar/bat mitzvah* date.

If the Pavilion has not been reserved for a Shared Kiddush within 6 months of the event date, the Pavilion space is eligible for other rentals. More specific information, including pricing, can be found on Central Synagogue's website under COMMUNITY → ROOM RENTALS or by contacting Events Manager Steve Weingord (212-838-5122 Ext 3002).

## **CELEBRATE THROUGH *TZEDAKAH*: GIFTS OF TIME AND RESOURCES**

*Tzedakah*, according to the Torah, is “equal to all other commandments combined.” Giving of charitable gifts is basic to Jewish tradition and is the traditional way for Jews to express their gratitude. *Tzedakah* — which literally means “justice” — is one of the basic tenets of living Judaism: helping to make the world better by helping others.

A child’s becoming a *bar/bat mitzvah* can be an occasion to demonstrate your support of your synagogue community through *Tzedakah* and to share your gratitude for your family’s joy. Central Synagogue depends on the charitable support of its members to carry out its many programs, with donations responsible for over 25% of our annual budget.

You can tailor your gifts to your family’s interests and ability. We strongly encourage all members of Central Synagogue to participate in our Yom Kippur Appeal, which supports the General Fund and helps offset the ongoing operational costs of running the synagogue. *B’nei mitzvah* families are invited to sponsor the Oneg Shabbat on the Friday evening prior to the *bar/bat mitzvah*. Many families ask how to demonstrate their appreciation to the clergy. A donation can be made to Central Synagogue’s General Fund; you can designate your donation in honor of the entire clergy team or numerous clergy members jointly.

For more information about donations to Central Synagogue, please contact Daniel Nadelmann, Director of Development, at 212-838-5122, extension 2021.

# GLOSSARY

We do not like to assume that every family is familiar with all the terms that may be used in this process. Therefore, we have listed some words below that are associated with the *bar/bat mitzvah* ceremony.

**Aliyah:** literally “going up” - the blessings before and after the *Torah* readings. It is an honor to be invited to recite these blessings.

**Bar/Bat Mitzvah:** literally translated as “Son/Daughter of the Commandment,” more accurately understood as “the Commanded One.” Figuratively, it means the age of responsibility.

**Bimah:** the pulpit or raised area at the front of the sanctuary/chapel.

**B'nei Mitzvah:** more than one *bar/bat mitzvah*. Used when referring to more than one child.

**B'not Mitzvah:** more than one *Bat mitzvah*. Used when referring to more than one girl. If you have 50 girls and one boy, the term “*B'nei mitzvah*” is still used.

**Confirmation:** a life cycle event of equal ritual significance in the life of a Jewish child. It is a ceremony that takes place during the holiday of *Shavuot* when the child and his/her classmates confirm their commitment to Judaism. At Central Synagogue we celebrate Confirmation in tenth grade.

**Haftarah:** the portion from the Prophets or Writings that is read after the reading of the *Torah*.

**Hebrew Name:** a Hebrew name is used for ritual purposes. It is composed of your Hebrew name and the Hebrew name of both your parents. The word “*ben*” or “*bat*” is inserted to mean “son of” or “daughter of,” and the letter *vav* (v) is used to mean “and,” e.g., Yoseif Tzvi ben Mordechai v'Esther; Sara Rivka bat Hannah v'Shalom.

**Kipah/Kippot:** *yarmulke* or head covering.

**LCLJ** – the Lese Center for Living Judaism, Central Synagogue’s religious school.

***Parshat ha’Shavuah:*** the *Torah* portion of the week.

***Seder K’riat ha’Torah:*** the portion of the service when the *Torah* and *Haftarah* are read.

***Shacharit:*** the morning service.

***Tallit/ Tallitot:*** a Jewish prayer shawl once only worn by men and boys from the age of *bar mitzvah*. Today, girls and women wear them also. A *tallit* must have *tzitzit* on the corners.

***Torah:*** also known as the Five Books of Moses. The *Torah* is the first section of the Hebrew Bible.

***Tzitzit:*** specially tied fringes on the corners of the *tallit* that are meant to be symbolic of the *Mitzvot*.

***Yad:*** the pointer used when reading from the *Torah*.

# CONTACT SHEET

**Executive Director**

**Livia Thompson**

**212-838-5122 x 2001**

*Contact with questions regarding your account or membership issues in regards to your simcha at Central Synagogue.*

**Director of Member Services**

**Caren Keller**

**212-838-508 x 2003**

*Contact with questions regarding your membership at Central Synagogue.*

**Director of Operations/Events**

**Beth Woloff**

**212-838-5122 x 3001**

*Contact with questions regarding facilities and logistics revolving around your simcha at Central Synagogue.*

**Events Manager**

**Steve Weingord**

**212-838-5122 x 3002**

*Contact with questions regarding booking rooms, contracting, catering, and other logistics for your simcha at Central Synagogue.*

**Scheduling Manager**

**Chelsey McLeod**

**212-838-5122 x 3003**

*Contact with questions regarding booking your photo shoot, once your rehearsal schedule is confirmed.*

**B'nei Mitzvah Coordinator**

**Kristy Wesolowski**

**212-838-5122 x 1015**

*Contact with questions regarding tutoring, clergy appointments, b'nei mitzvah dates, questions and concerns.*

**Billing**

**Juneth Glasgow**

**212-838-5122 x 2012**

*Contact with questions regarding your membership at Central Synagogue.*

**Director of the LCLJ**

**Zach Rolf**

**212-838-5122 x 4039**

*Contact regarding Lese Center for Living Judaism-related inquiries.*

**Social Justice Project, LCLJ**

**Zach Rolf**

**212-838-5122 x 4039**

*Contact regarding Social Justice Projects and educational questions.*